

Core Team – Work Plans - 2011 to 2012

Outcome	Objective(s)	Task(s)	2011 / 2012 Target(s)
<p>Access to health services, health education, information on health issues and healthy lifestyle activities will increase.</p>	<p>To support local groups that promote the healthy living agenda</p>	<p>Partnership work with a wide variety of health services providers.</p>	<p>During the year support the continuation of 4 community healthy lifestyle groups.</p>
		<p>Develop 1 new healthy lifestyle group by November 2011</p>	
	<p>To influence and support local health initiatives to meet needs of the community by promoting dance as a healthy lifestyle activity.</p>	<p>Plan and deliver community interest “health” days and taster sessions</p>	<p>6 health issue taster days, topical sessions for carers, mothers, and specialist groups i.e. stroke, stop smoking etc 35 people per taster will attend by 31st March 2012</p>
		<p>Attend health partnership meetings to explore ways to improve and increase community health services in the 3G’s area</p>	<p>Run 1 session per week for 40 weeks of dance sessions with 20 to 30 community members per session.</p>
		<p>Work with partners to hold health awareness sessions at local 3G’s community buildings</p>	<p>Work with local health groups to deliver 1 “themed” event per quarter.</p>

<p>Opportunities for community members to increase their household income through employment and or financial inclusion initiatives will improve</p>	<p>To support initiatives and programmes helping community members gain employment</p> <p>To support and develop initiatives that help community members save money by promoting the</p>	<p>Encourage community members to attend Jobs fairs, job clubs etc Support MTCBC Job Fairs.</p> <p>Ensure that Job Centre Plus and Job Match provide weekly outreach sessions.</p> <p>Work in partnership with Credit Union, Citizens Advice Debt Advisor and WEA. Maintain and promote the 8 Credit Union Points throughout the 3Gs area</p>	<p>60 community members to attend MTCBC Job Fairs during 2011/12.</p> <p>Maintain and expand a weekly Job Club at 3Gs Community building and maintain an up to date Job Vacancies board for community members.150 local people will make job applications.</p> <p>Assist 50 community members to create CV's, to drop in and job search, cover letters and search for employment using the internet. 10 local people will secure job interviews</p> <p>150 community members will access support and assistance each year.</p> <p>Increase Credit Union membership by 30 by end of March 2012.</p> <p>Maintain and expand the provision of the 3 C.A.B. Advice sessions each week at the 3Gs</p>
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	<p>Credit Union services and increase membership within the local area.</p> <p>To help young people gain or improve their skills and confidence in preparation for job interviews</p>	<p>Work in partnership with schools and Hafal to promote the School Uniform Recycling scheme and sell uniforms.</p> <p>Work in partnership with learning providers, employment partners, training organization to promote agenda and remove barriers. Work with 2 senior schools to help 16 to 17 year olds prepare for job interviews</p>	<p>Advice Shop & Galon Uchaf Community Centre.</p> <p>To deliver 1 specialist event per quarter to address financial Inclusion issues including budgeting and energy saving.</p> <p>Promote and develop the School Uniform Recycling scheme to organize 4 events per annum and establish 1 new scheme at Gurnos Nursery.</p> <p>Assist a minimum of 150 students per annum with mock interviews and feedback sessions at the 2 High Schools in 3Gs area.</p>
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<p>Participation in learning will increase.</p>	<p>Support Community Focus Schools Initiatives</p> <p>Promote learning throughout the community with added emphasis on the hardest to reach groups</p> <p>Support basic skills initiatives</p>	<p>Work in partnership with WEA and other learning providers to establish classes for adults at local venues.</p> <p>Work in partnership with Hafal to support learning for people with mental health issues.</p> <p>Work in partnership with WEA / NLC / Gates / Merthyr College and Communities 2.0. to support community learning and deliver training at 3G's community buildings.</p> <p>Secure funding to run new initiative for carers and ex carers 'Time To Be Yourself' which encourages a return to learning and employment</p> <p>Continue to promote the 3Gs Community building</p>	<p>Expand accredited and non-accredited classes from 7 to 10 for adults at Community Focussed schools and 3Gs community buildings.</p> <p>Support 20 people suffering from long term mental health problems to access basic skills and IT training to re-build their confidence and become job ready</p> <p>Adult Community Learning Providers to deliver at least 2 accredited evening classes each week at the 3Gs Community building.</p> <p>30 carers and ex-carers to enroll on new Engagement Gateway Programme "Time To Be Yourself" By March 2012</p> <p>Weekly basic skills classes delivered twice weekly for 46</p>
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<p>LIFE SUPPORT local people gain qualifications and upskill before entering employment in order that they can maximise their potential earning power</p>	<p>Provide personal and social support alongside academic learning and vocational training</p>	<p>as an Adult Community Learning facility through the ACL Partnership to work with WEA / NLC etc</p> <p>Working with partners to prepare, promote and deliver life support learning sessions.</p>	<p>weeks. 12 people to participate.</p> <p>Basic written and spoken communication skills up to OCN Level 2 15 participants to complete during the year</p> <p>Basic skill Numeracy and Maths up to Level 2 15 participants to complete during the year</p> <p>I.T. Skills up to Level 2 15 participants to complete during the year</p> <p>Counselling Skills up to Level 2.15 participants to complete during the year</p> <p>Psychology up to Level 2 15 participants to complete during the year</p> <p>Criminology up to Level 2 15 participants to complete during the year</p> <p>Domestic Violence awareness</p>
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			<p>up to Level 3. 5 participants to complete during the year</p> <p>Financial Literacy training. 15 participants to complete during the year</p> <p>Respond to learners identified additional needs by running 3 vocational courses: 15 participants to complete during the year</p> <p>Outdoor activities for confidence building 1 per term. 15 participants to complete during the year</p> <p>Social activities for confidence building 1 per term. 15 participants to complete during the year</p> <p>Healthy Eating and Lifestyles sessions to tie in with local & National campaigns. 15 participants to complete during the year</p> <p>Careers advice and guidance on progression routes. 15</p>
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			<p>participants to complete during the year</p> <p>Work experience or volunteering placement organised by project staff with local employers.5 participants to complete during the year</p> <p>SUMMER SCHOOL Mix of adult, child, and intergenerational learning activities 9 sessions per week for 4 weeks 20 people / young people at each session.</p>
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<p>Cohesion in the community is improved</p>	<p>To support the arts and heritage events as a way of promoting community cohesion</p>	<p>Work with partners to identify resources to provide cultural activities. Attend relevant networks, planning meetings dealing with arts and heritage.</p>	<p>Undertake feasibility study for the establishment of a Web base internet community radio station. By March 2012.</p> <p>Maintain membership of the Community Choir to 20 and Dance Team to 25 and perform at a minimum of 10 shows per year</p> <p>6 young people will qualify in Dance Instruction and deliver 3 weekly classes for 15 learners.</p> <p>Deliver 10 media workshops per annum to include film making, music technology, digital storytelling and animation. 8 people to participate in each workshop.</p> <p>Deliver 2 Musical Productions per annum at local community venues. 40 people will participate in each production.</p> <p>15 people to successfully complete accredited music courses by September 2011</p>
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	Support local tenants and resident groups to actively engage in community matters	Provide support and help to develop improved working relations between service providers e.g. Police, Council etc and New Gurnos, Old Gurnos, Galon Uchaf and Penydarren Tenants and Residents Groups.	1 Service provider will attend each meeting to provide update on improvements and information to each residents group.
Community members are less disadvantaged by poverty	Support the services and activities in area that engage with the hardest to reach groups Develop wider community use of the various community venues	Provide a variety of opportunities and activities for children disadvantaged by poverty. Develop links with organizations providing family and social support Work in partnership with other agencies and initiatives i.e. Barnardos, Flying Start, etc Business Manager to continue discussions with Local Authority on possible Asset Transfer of Gurnos Community Centre and outdoor Sports area. Submit application to	Deliver 5 life enhancing activities, to include Disneyland Trip, Sports events, Opera Trips and Theater Trips. A minimum of 100 children and young people will participate. Assist 8 community groups to access funding and generate income to deliver their own activities and sustain their groups during the year. Develop Feasibility Study and Business Plan to secure Asset Transfer of Gurnos Community Centre and outdoor Sports area. By 30 th September and full transfer to be complete by 31 st March 2012. Submit application by 30 th June

		MTCBC Social Enterprise Grant to further sustain the community building by increasing caretaker resources and expansion of opening hours.	increase opening times to 3 evenings a week and Saturday mornings by 30 th September.
Older people feel less isolated	Develop / Support projects which will help reduce numbers of socially excluded older people	<p>Work in partnership with partners to develop a variety of activities and programmes for isolated older people</p> <p>Work in partnership with Merthyr's Older People initiative and run activities aimed at tackling social exclusion</p> <p>Establish in partnership with Communities 2.0 a digital inclusion project for older people</p>	<p>Deliver 2 "themed" events per annum for older people. 50 people per event will participate.</p> <p>30 community members aged 50+ accessing physical or cultural community activities.</p> <p>Run weekly taster, drop in sessions and informal learning opportunities for older people. 5 older people per week will participate.</p>

<p>Improve the quality of the local environment, housing and services in the area</p>	<p>Support community groups working to improve their local environment</p> <p>Promote and support the work being done locally to achieve the Welsh Housing Quality Standards</p> <p>Reduce the local Carbon Footprint</p>	<p>Work in partnership with Keep Wales Tidy, Re-Cycling wardens, MVH, MTCBC and community groups to improve the physical environment.</p> <p>Support the WHQS work with Merthyr Valleys Homes (MVH) to ensure that maximum community benefits are delivered.</p> <p>Work with other Development Trusts in South Wales to explore a consortium approach for a solar panel 'feed in' tariff project with private home owners.</p> <p>Participate in Zero Waste Gurnos and Galon Uchaf recycling programme with MTCBC and Cylch partner.</p>	<p>Work with the local community liaison group in partnership with Merthyr Valleys Homes on their proposals for local environmental improvements. 2 projects to be completed by 31st March 2012.</p> <p>Undertake 4 environmental community clean ups projects.</p> <p>Maintain local representation on the Board of Merthyr Valleys Homes to ensure that 3Gs area benefits from WHQS Programme.</p> <p>Establish feasibility of establishing Solar Panel Feed-in Tariff Project for 3G's area. By March 2012</p> <p>Participate in the ZWGG project planning group to identify business opportunities for income generation to the 3G's Development Trust.</p>
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